

SHORT COURSES WITH OSR – 2010

Here are brief details of the short courses we will be running in 2010. If you would like full information on any of these events, please call or write and let us know.

Advanced Reflexology Training

Tony Porter takes a close look at hormonal imbalances and introduces a range of new techniques in his two-day seminar, which is a first step to being included on the ART Register of Advanced Reflexologists.

OSR will be hosting weekend seminars throughout 2010, one of which will also include an assessment by Tony for the purposes of registration. We would recommend early booking, as there is often a waiting list for places.

Dates: 25th – 26th September 2010

Cost: £170

Available only to qualified reflexologists

Indian Head Massage (I)

Our permanently popular one-day workshop in this traditional technique.

Suitable both for beginners and for qualified therapists in other disciplines. E-mail us for more information if you need to know about the insurance status of this short course.

Dates: 10th September 2010

Cost: £80

Includes: Course workbook, refreshments, certificate

Chinese Meridian Therapy courses

The long-awaited return of courses in use of the Chinese Meridians, and how meridian theory and reflexology are related. This two day course is hosted by Geraldine Giles, who has trained extensively with Inge Dougans in South Africa to deliver a comprehensive seminar in the Meridians, the Five Elements, and how they affect our daily lives and how they can be used to enhance the level of reflexology we are providing.

Dates: 23rd – 24th October 2010

Cost: £180

Includes: Course workbook, refreshments, certificate, case study assessment

First Aid with Holos Training

You are welcome to join current OSR students on their First Aid training day with Holos Training, to renew your three-year compulsory First Aid certificate.

Dates: 14th November 2010

Cost: £75

Includes: Certificate, refreshments

Hand Reflexology

Penny Odhams' Hand Reflexology Seminar is intended for reflexologists of all levels of experience, from newly-qualified therapists to those who have been practicing for some time. Use of the hands for reflexology is so often under-estimated, and yet can be a very powerful and versatile tool.

Dates: 8th October 2010

Cost: £85

Includes: Course workbook, refreshments, certificate

Calling ex-students

Has it been a while since you last updated us on what you have been doing since you finished our main reflexology course? Don't forget to keep in touch! We are always keen to hear how you are getting on, and don't forget the kettle is always on here if you want to pop in and see us.

And everybody is welcome to register on the Talk Reflexology discussion board to share your news and experiences. Pay it a visit at:

<http://www.therapy-school.co.uk/talk/>

CONTACT US

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