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Thank you for your enquiry about reflexology training with us. I have enclosed a copy of our most recent information.

We are now taking bookings for our full reflexology course beginning in September 2010. The September course runs on weekends, approximately once every four weeks, with coursework in between.

At OSR we are committed to preparing our students for giving reflexology to a professional standard. Our course gives 121 hours of contact training, 21 more than the required minimum for qualification. You will start building up your workbook of course notes from your first day of training, aiming for an all-round grounding to prepare you for work as a professional practitioner.

We also want to help our students achieve a professional appearance from day one. We will initially provide you with a white OSR uniform polo shirt and a records bag, and as you progress through the course you may decide to take advantage of the discounted rates we have negotiated with professional clinical uniform and reflexology equipment suppliers. In addition, all equipment you will need while training is provided for your use from day one.

The later stages of training include a number of case studies of live subjects, whom you will treat under supervision in a clinical environment - so your first live patient after qualification will not be so much of a shock.

We believe that we have struck a good balance between the essential academic aspects required for qualification, and enjoyable practical learning, with all-round personal development. Even students who have not done any book learning in years are surprised how quickly they pick up the anatomical and medical basis when it is learned in the hands-on context of the course.

Our guest speakers cover other complementary therapies, for example naturopathy and homoeopathy, so you can place reflexology within the broader complementary context. Other speakers address business aspects of beginning to practise reflexology, so you are fully prepared if you choose to give reflexology on a professional basis after qualifying. We find that the discussion with our guest tax accountant is particularly popular!

If you are planning to join the course from outside the Oxford area, we can recommend places for an overnight stay near the course or in Oxford, including reasonable B&Bs or the local hotel. Let us know if you would like further details.

If you have any further queries or would like to discuss particular aspects of OSR training, please contact Keir Giles or Nikki Carson-Parker here. You can call free on **0800 970 1559**. We will be happy to answer all your queries about the course, and chat about what past students have gone on to do, and if you wish arrange a visit so you can come down and see us.